(Includes Reference to PCT International Applications		OF ATTORNEY	NITOGOL S DOCKET NUMBER
As a below named inventor I hereby declare that:			73
My residence, post office address and citize	nship are as stated below next t	to my name,	
I believe I (am-) the original, first and [sole on the invention entitled:	fjoint] inventor of the subject n	natter which is claimed a	and for which a patent is sought
Method of Determining Employing the Same	Exercise Intensit	y and Apparati	ıs
the specification of which (check only one i	tem below):	•	
is attached hereto.			•
was filed as PCT internation	nal application		•
Number PCT/JP(on, August 10, and was amended unde on January 29 I hereby state that I have reviewed and unde amended by any amendment referred to abo	2000 r PCT Article 19 r 2001 rstand the contents of the abov	(if applicable). e-identified specificatio	n, including the claims, as
I acknowledge the duty to disclose informal Title 37 Code of Federal Regulations § 1.56 I hereby claim foreign priority benefits und inventor's certificate or of any PCT internal America listed below and have also identificate international application(s) designating at less subject matter having a filing date before the	ion which is material to the extical and (b). Tritle 35 United States Code ional application(s) designating the below any foreign application ast one country other than the lat of the application(s) of which	§ 119 of any foreign app g at least one country of on(s) for patent or inven United States of Americ h priority is claimed:	plication(s) for patent or her than the United States of ton's certificate or any PCT a filed by me on the same
PRIOR FOREIGNPCT APPLICATION(S) AND	ANY PRIORITY CLAIMS	UNDEK 35 U.S.C. § 11	
COUNTRY (If PCT indicate "PCT")	APPLICATION NUMBER	DATE OF FILING (day, month, year)	PRIORITY CLAIMED UNDER 35 U.S.C. § 119
Japan	11-226187 Pat.	10,08,1999	☑ YES ☐ NO
Japan	11-250035 Pat.	03,09,1999	₩ YES □ NO
Japan	2000-46681 Pat.	24,02,2000	☐ YES 🔯 NO
Japan .	2000-50740 Pat.	28,02,2000	□ yes 🖾 no
		·	☐ YES ☐ NO

Combined Declaration for Patent Applica	tion and Power o	Combined Declaration for Patent Application and Power of Attorney (Continued) ATTORNEY'S DOCKET NUMBER					
(includes Reference to PCT International A	oplications)				•		
I hereby claim the benefit under Titl designating the United States of Am not disclosed in that/those prior appl acknowledge the duty to disclose m the filing date of the prior application	erica that is/are listication(s) in the material information	sted below and, insofar anner provided by the it as defined in Title 37,	as the subject n first paragraph (Code of Federa	natter of each of Title 35, Il Regulation	ch of the claims of the United States Code, ons, § 1.56(a) which	nis application is	
PRIOR U.S. APPLICATIONS OR PCT I UNDER 35 U.S.C. § 120:							
U.S. APPLIC	ATIONS			STA	TUS (Check one)		
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POWER OF ATTORNEY: As a named investigation of the patent and Trades	ntor, I hereby appo	oint the following attorne	ey(s) and/or age	nt(s) to pro	secute this applicatio	n and	
36,910), Laurie A. Axford (Reg No. 39,917), J. Michael Schiff (Reg No. 39,447), Alan W. Cannot Stephen C. Durant (Reg No. 31,50 28,055), Charles D. Holland (Reg Donahue (Reg No. 35,492), Thoma Ararat Kapouytian (Reg No. 40,04	g No. 40,253), Ro 1 (Reg No. 34,977 5), Frank Wu (Re No. 35,196), Marl 13 D. Mays (Reg 1	bert K. Cerpa (Reg No 7), Madeline I. Johnston g No. 41,386), Hector (c R. Carter (Reg No. 3)	. 39,933), Rou n (Reg No. 36, 1 Gallegos (Reg 1 9,131), Michael	ald D. Dev 174), Dahn No. 40,614 I Hethering og No. 35,0	ore (Reg No. 39,958 a S. Pasternak (Reg), Barry E. Bretschr ston (Reg No. 32,35 46), Wen Liu (Reg	8), Lee K. Tan No. 41,411), neider (Reg No. 7), Edward V. No. 32,822),	
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I hereby declare that all statements a believed to be true; and further that punishable by fine or imprisonment may jeopardize the validity of the a	nade herein of my these statements v , or both, under se	own knowledge are the vere made with the knowledge ction 1001 of Title 18 of matent issuing thereon.	ie and that all si wiedge that will If the United Sta	Iful false st ales Code,	atements and the like	e so made are	
SIGNATURE OF INVENTOR 201		7	RE OF INVENT	u Shi	sa		
DATE		DATE	February	7, 200)2		

Combined Declaration	n tor Patent Applic	ation and Power	of Attorney	(Continued)	^.	TORNE 15 DOCKET NUMBER		
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designating the not disclosed in acknowledge the the filing date	United States of An a that/those prior applied that/those prior application of the prior application.	merica that is/are limited in the material information on(s) and the nation	sted below ar nanner provin n as defined i nal or PCT in	nd, insofar as the led by the first in Title 37, Codu aternational fili	e subject matter paragraph of Ti e of Federal Re ng date of this a	· · · · · · · · · · · · · · · · · · ·	is application is § 112. I	
PRIOR U.S. APPLIC UNDER 35 U.S.C. § 1		INTERNATION.	AL APPLIC	ATIONS DE	SIGNATING T	HB U.S. FOR BENEFIT		
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<u>:</u>					****			
No. 33 309), F Lehnhardt (Re Harry J. Mace 36 910), Lauri No. 39 917), J (Reg No. 39 4 Stephen C. Du 28 055), Charl Donahue (Reg	aul Schenck (Reg 1 g No. 33,943). Shruy (Reg No. 32,818), e A. Axford (Reg No. Michael Schiff (Reg No. 31,51) es D. Holland (Reg No. 35,492), Thorntian (Reg No. 40,00 to: Barry E. Bre Morrison & 2000 Penns	No. 27,253), E. Thouel Livnat (Reg No. Stuart P. Kaler (Reg No. 35,053), Mani Jeg No. 40,253), Rom (Reg No. 34,97) M. Frank Wu (Re No. 35,196), Mari Jas D. Mays (Reg M4)	omas Wheeld lo. 33,949), 1 Reg No. 35,9 Adeli (Reg Nobert K. Cerp 7), Madeline g No. 41,386 k R. Carter (No. 34,524),	ock (Reg No. 2 lyler Dylan (R 13), David L. I lo. 39,585), Ca va (Reg No. 39 I. Johnston (R 6), Hector Gall Reg No. 39,13	8,825), Freddie eg No. 37,612), Bradfiute (Reg N therine M. Poli 933), Ronald I eg No. 36,174), egos (Reg No. 1), Michael He	(Reg No. 32,430), Debra A E.K. Park (Reg No. 35,636) Antoinette F. Konski (Reg No. 39,117), Robert Saltzbe zzi (Reg No. 40,130), Sear D. Devore (Reg No. 39,958 Dahna S. Pasternak (Reg. 40,614), Barry E. Bretschn herington (Reg No. 32,357 b. 35,046), Wen Liu (Reg I Direct telephone calls Barry E. Bretsch at (202) 887-154	, Susan K. 3 No. 34,202), arg (Reg No. a Brennan (Reg), Lee K. Tan No. 41,411), eider (Reg No. b), Edward V. No. 32,822), to: uneider	
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believed to be punishable by may jeopardiz SIONATURE OF INVEN	rue; and further that fine or imprisonment the validity of the a	made herein of my these statements w t, or both, under se application or any p	y own knowle were made with action 1001 o	edge are true ar ith the knowled f Title 18 of the thereon.	ge that willful f	nents made on information a alse statements and the like Code, and that such willful	and belief are	
	y 7, 2002							